

# Association between Air Pollution and Risk of **Hospital Admission for Pediatric Pneumonia in a Tropical City, Kaohsiung, Taiwan**

Peng-Huei Liu<sup>1</sup>, Kuo-Chen Huang<sup>2</sup>, Yu-Lun Tseng<sup>3</sup>, I-Min Chiu<sup>2</sup>, Hsiu-Yung Pan<sup>2</sup>, Fu-Jen Cheng<sup>2\*</sup>

- <sup>1</sup> Department of Emergency Medicine, Chang Gung Memorial Hospital, and Chang Gung University College of Medicine, Taoyuan 33302, Taiwan
- <sup>2</sup> Department of Emergency Medicine, Kaohsiung Chang Gung Memorial Hospital, Chang Gung University College of Medicine, Kaohsiung 83301, Taiwan
- <sup>3</sup> Institute of Environmental Engineering, National Sun Yat-sen University, Kaohsiung 80449, Taiwan

## **ABSTRACT**

Recent evidences have shown that particulate matter (PM) and other air pollutants are associated with pulmonary and systemic inflammation; however, the relationship between air pollutants and the risk of admission for pediatric pneumonia has not been well surveyed. This study aimed to estimate the hazards of air pollutants on the risk of pediatric pneumonia emergency department (ED) visits and hospitalization. Data on PM<sub>2.5</sub> (PM with an aerodynamic diameter smaller than 2.5  $\mu$ m), PM<sub>10</sub> (PM with an aerodynamic diameter smaller than 10  $\mu$ m), sulfur dioxide  $(SO_2)$ , nitrogen dioxide  $(NO_2)$ , and ozone  $(O_3)$  in each of the 11 air monitoring stations in Kaohsiung city were collected. The medical records of non-traumatic patients under 17 years of age who had visited the ED between 2008 to 2013, with a principal diagnosis of pneumonia were extracted. We evaluated the relationship between air pollutant exposure and the risk of admission and length of hospital stay (LOS). An interquartile range increments of PM<sub>2.5</sub> (odds ratio [OR]: 1.677, 95% confidence interval [CI]: 1.381–2.041),  $PM_{10}$  (OR: 1.568, 95% CI: 1.312–1.880),  $NO_2$  (OR: 1.383, 95% CI: 1.179–1.625), SO₂ (OR: 1.261, 95% CI: 1.170–1.361), and O₃ (OR: 1.182, 95% CI: 1.024-1.366) were statistically significantly associated with the risk of pediatric pneumonia hospitalization on lag 0-3. In the two-pollutant model, after adjusting for NO2 (OR: 1.534, 95% CI: 1.206–1.958), SO<sub>2</sub> (OR: 1.534, 95% CI: 1.206–1.958), or O<sub>3</sub> (OR: 1.741, 95% CI: 1.385–2.196), PM<sub>2.5</sub> was still statistically significantly associated with pediatric pneumonia hospitalization. Furthermore, higher  $PM_{2.5}$  concentration (> 45  $\mu g$  m<sup>-3</sup>) was associated with prolonged hospital LOS (OR: 0.217, 95% CI: 0.03–0.404, P = 0.023), especially for younger children ( $\leq 5$  years). In conclusion, we found that  $PM_{2.5}$ ,  $PM_{10}$ , and  $SO_2$  exposure were risk factors for hospitalization due to pediatric pneumonia.

\* Corresponding Author: a0953283092@yahoo.com.tw

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Keywords: Particulate matter, Pneumonia, Pediatric, PM<sub>2.5</sub>, Air pollution

## 1 INTRODUCTION

Many epidemiologic studies have demonstrated a positive association between air pollution and the risk of human diseases, especially respiratory and cardiovascular diseases (Ghaffari et al., 2017; Tsai et al., 2021; Weichenthal et al., 2017). Toxicological studies also found that exposure to air pollutants might induce airway inflammation and elevated systemic circulating inflammatory biomarkers elevation (Dadvand et al., 2014; Lin et al., 2018; Rich et al., 2012). Furthermore, several previous multi-city studies have revealed seasonal and regional variations in air pollution as health hazards (Bell et al., 2008; Peng et al., 2005). There are a few reasons that might partly



explain the seasonal and regional disparities, such as community characteristics (Bell *et al.*, 2008), age of residents (Katsouyanni *et al.*, 2001), and the weather conditions of the community (Ho *et al.*, 2021). Another possible explanation is the different effects of air pollutants. For example, nitrogen dioxide (NO<sub>2</sub>) was found to be associated with hospitalization for cardiovascular disease, but the influence of sulfur dioxide (SO<sub>2</sub>) was not statistically significant (Ito *et al.*, 2011). Among the air pollutants, fine particulate matter is defined as particulate matter (PM) with an aerodynamic diameter of < 2.5  $\mu$ m. PM<sub>2.5</sub> is concerned with health and regulation, and epidemiological studies suggest that PM<sub>2.5</sub> is more toxic than other air pollutants (Cheng *et al.*, 2019b; Kang *et al.*, 2016; Lv *et al.*, 2017).

Pneumonia is the leading cause of pediatric morbidity and mortality. In 2011, the global incidence of pneumonia in children younger than 5 years was approximately 120 million cases, resulting in approximately 1.3 million child deaths (Walker et al., 2013). Pneumonia is a condition characterized by lung inflammation. Toxicological evidence has shown that exposure to air pollutants might also induce lung inflammation and inflammatory cell accumulation (Lin et al., 2018; Liu et al., 2017). Besides, PM<sub>10</sub> exposure was found to modify the pulmonary inflammatory reactions induced by the influenza virus, thus significantly elevating the viral titers and exacerbating pulmonary influenza infection in an animal study (Clifford et al., 2015). A recent study also showed that PM<sub>2.5</sub> and PM<sub>10</sub> increment was associated with increased COVID-19 infection rates and mortality (Czwojdzinska et al., 2021). For pneumonia, a previous study also showed that air pollution exposure was associated with a higher rate of invasive respiratory or vasopressor support or both in adults (Chen et al., 2020a). In addition, epidemiological studies have revealed a positive association between air pollution and the risk of pediatric pneumonia emergency department (ED) visits and hospitalization (Cheng et al., 2019a; Nhung et al., 2017). However, the association between air pollution and short-term outcomes of pediatric pneumonia is not well understood. As a result, these data were linked to air pollution, weather conditions, and short-term outcomes of pediatric pneumonia to clarify two specific objectives: (1) the short-term outcome between air pollution and pediatric pneumonia; and (2) the association between length of hospital stay of pediatric patients with pneumonia and air pollution.

## 2 METHOD

#### 2.1 Study Population

This was a retrospective observational study conducted between January 1, 2008, and December 31, 2013, in an urban tertiary medical center in Kaohsiung, Taiwan, with 2,500 beds, with an annual average of 72,000 ED visits. The medical records of non-traumatic pediatric patients under 17 years of age who visited the ED with a principal diagnosis of pneumonia ([International Classification of Diseases, ninth revision (ICD-9]: 480–486) were extracted from the ED administrative database. We included patients clinically diagnosed with pneumonia and their electronic charts were reviewed by two trained physicians. Patients who did not reside in Kaohsiung City or those who transferred to other hospitals were excluded. In addition, sex, age, and prognostic factors for pediatric pneumonia, including diabetes, malignancy, cerebral palsy, respiratory disease (i.e., asthma, chronic respiratory failure), predisposition, insult, response, and organ dysfunction (PIRO) score, renal insufficiency, and shock index were collected from the patients' medical records (Huang et al., 2021; Rello et al., 2009).

## 2.2 Pollutant and Meteorological Data

During the study period, 11 monitoring stations for air quality were established in Kaohsiung City in 1994 by the Taiwanese Environmental Protection Administration (EPA), a central governmental agency. Air pollutants were measured as previously described (Cheng et al., 2019b). In brief, the stations used commercial monitoring instruments designated by the United States EPA as an equivalent or reference method and manufactured by the US Thermo Environmental Instruments, Inc. (Franklin, MA, USA). The monitoring stations were fully automated, routinely and hourly monitored 5 "criteria" pollutants, including PM<sub>10</sub>, PM<sub>2.5</sub> (beta-ray absorption), nitrogen dioxide (NO<sub>2</sub>) (ultraviolet fluorescence), sulfur dioxide (SO<sub>2</sub>) (ultraviolet fluorescence), and ozone (O<sub>3</sub>) (ultraviolet photometry) levels. In addition, the patient's address was collected



from the medical record, 24 h average levels of these pollutants, temperature, and mean humidity from the nearest monitoring station were recorded. The concentration of each air pollutant and temperature and humidity values sampled on the same day of the patient's ED visit were labeled as lag 0. The values sampled on the previous day for the patient who visited the ED were labeled as lag 1. The average concentration of lag 0 to 3 was labeled as lag 0–3. The primary study outcome was patients who required admission, and the secondary outcome was the length of hospital stay (LOS).

#### 2.3 Statistics

The results of the descriptive analyses of the independent variables were reported as percentages or means  $\pm$  standard deviations (SDs). Independent variables were analyzed using the  $\chi^2$ , Mann-Whitney U, and Student's t-tests. We used Kolmogorov–Smirnov and Shapiro–Wilk tests to examine the normality of continuous variables. Besides, we assumed that short-term exposure to air pollution was positively related to hospital LOS (days). Therefore, hospital LOS was considered a continuous variable. A linear regression model was used to estimate the effect of air pollution on hospital LOS after adjusting for climate and patient-level characteristics. Statistical significance was set at P < 0.05. Statistical Package for the Social Sciences (SPSS) version 25.0 (IBM Corp., Armonk, NY, USA) was used for all statistical analyses.

## **3 RESULTS AND DISCUSSION**

During the six years of the study period, there was a total of 4,047 pediatric patients who visited our ED for pneumonia. A total of 415 patients were excluded from the analysis because they did not reside in Kaohsiung city, while 46 patients were excluded due to incomplete data or transfer to another hospital. The remaining 3,586 patients were included in this study, and 2,726 patients (76.0%) required admission. The demographic characteristics and air pollution conditions in each group are listed in Table 1. Younger children (P = 0.005), those with renal insufficiency (P = 0.029), cerebral palsy (P = 0.003), respiratory disease (P < 0.001), and higher PIRO score (P < 0.001) and higher risk of requiring hospitalization. Patients who required admission had higher PM<sub>2.5</sub> from lag 0 to 3 (P < 0.001, P < 0.001, P < 0.001, and P < 0.003), and the average from lag 0 to 3 (lag 0–3, P < 0.001). Patients who required admission also had higher PM<sub>10</sub>, NO<sub>2</sub>, and SO<sub>2</sub> levels on lag 0 to 3, as well as lag 0–3.

## 3.1 Air Pollutants and Meteorological Results

A summary of meteorological factors, daily mean concentrations of air pollutants, and weather variables in Kaohsiung during the study period is shown in Table 2. The average  $PM_{2.5}$ ,  $PM_{10}$ ,  $NO_2$ ,  $SO_2$ , and  $O_3$  concentrations over the study period were 43.0  $\mu$ g m<sup>-3</sup>, 71.9  $\mu$ g m<sup>-3</sup>, 19.3 ppb, 6.7 ppb, and 29.0 ppb, respectively.

## 3.2 Association between Air Pollutants Exposure and Hospitalization

A binary logistic regression model was used to examine the association between air pollutant exposure and the risk of pediatric pneumonia hospitalization. As shown in Fig. 1, after adjusting for age, renal insufficiency, cerebral palsy, PIRO  $\geq$  3, and meteorological factors, such as temperature and humidity, and interquartile range (IQR) increments of PM<sub>2.5</sub> (OR: 1.677, 95% CI: 1.381–2.041), PM<sub>10</sub> (OR: 1.568, 95% CI: 1.312–1.880), NO<sub>2</sub> (OR: 1.383, 95% CI: 1.179–1.625), SO<sub>2</sub> (OR: 1.261, 95% CI: 1.170–1.361), and O<sub>3</sub> (OR: 1.182, 95% CI: 1.024–1.366) were statistically significantly associated with the risk of pediatric pneumonia hospitalization on lag 0–3.

A two-pollutant model of lag 0–3 was conducted to determine which individual pollutants were independently associated with the risk of pediatric pneumonia hospitalization. In accordance with the results obtained from the single-pollutant models, the multi-pollutant models were fitted with different pollutant combinations (up to two pollutants per model). The results are shown in Fig. 2. After adjusting for NO $_2$  (OR: 1.534, 95% CI: 1.206–1.958), SO $_2$  (OR: 1.534, 95% CI: 1.206–1.958), or O $_3$  (OR: 1.741, 95% CI: 1.385–2.196), PM $_2$ .5 was still statistically significantly associated with pediatric pneumonia hospitalization. PM $_1$ 0 was significantly associated with pediatric pneumonia hospitalization after adjusting for NO $_2$  (OR: 1.431, 95% CI: 1.150–1.793), SO $_2$  (OR: 1.351, 95% CI:



**Table 1.** Demographic characteristics of 3,586 ED pediatric patients with pneumonia.

Characteristics	Admission	Discharge	— Р
Characteristics	N = 2,726	N = 860	<del></del>
Male	1,449	461	0.818
Age	$4.9 \pm 3.5$	$\textbf{5.3} \pm \textbf{3.9}$	0.005
Diabetes	1	4	0.835
Renal insufficiency	0	15	0.029
Malignancy	0	6	0.169
Leukemia	1	18	0.055
Cerebral palsy	96	13	0.003
Respiratory disease	256	27	< 0.001
PIRO score ≥ 3	116	3	< 0.001
Abnormal shock index	1581	480	0.313
PM <sub>2.5</sub> , μg m <sup>-3</sup>			
lag 0	$\textbf{44.7} \pm \textbf{18.6}$	$\textbf{41.1} \pm \textbf{18.7}$	< 0.001
lag 1	$44.7 \pm 20.3$	$\textbf{40.6} \pm \textbf{18.6}$	< 0.001
lag 2	$\textbf{45.0} \pm \textbf{20.9}$	$\textbf{41.4} \pm \textbf{18.9}$	< 0.001
lag 3	$\textbf{45.4} \pm \textbf{20.7}$	$\textbf{43.0} \pm \textbf{19.9}$	0.003
lag 0–3	$\textbf{44.9} \pm \textbf{18.1}$	$\textbf{41.6} \pm \textbf{16.6}$	< 0.001
PM <sub>10</sub> , μg m <sup>-3</sup>			
lag 0	$\textbf{79.1} \pm \textbf{37.0}$	$\textbf{73.1} \pm \textbf{33.1}$	< 0.001
lag 1	$\textbf{79.3} \pm \textbf{36.3}$	$\textbf{72.2} \pm \textbf{32.6}$	< 0.001
lag 2	$\textbf{80.4} \pm \textbf{43.1}$	$\textbf{73.8} \pm \textbf{32.9}$	< 0.001
lag 3	$80.6 \pm 37.0$	$\textbf{76.4} \pm \textbf{35.0}$	0.003
lag 0–3	$\textbf{79.8} \pm \textbf{32.7}$	$\textbf{73.9} \pm \textbf{29.7}$	< 0.001
NO <sub>2</sub> , ppb			
lag 0	$\textbf{21.0} \pm \textbf{8.7}$	$\textbf{19.7} \pm \textbf{7.8}$	< 0.001
lag 1	$\textbf{21.0} \pm \textbf{8.7}$	$\textbf{19.7} \pm \textbf{8.0}$	< 0.001
lag 2	$\textbf{21.1} \pm \textbf{8.7}$	$\textbf{20.1} \pm \textbf{8.0}$	0.003
lag 3	$\textbf{21.4} \pm \textbf{8.7}$	$20.3 \pm 8.0$	0.001
lag 0–3	$\textbf{21.1} \pm \textbf{7.9}$	$\textbf{19.9} \pm \textbf{7.2}$	< 0.001
SO <sub>2</sub> , ppb			
lag 0	$\textbf{7.4} \pm \textbf{5.5}$	$\textbf{6.4} \pm \textbf{3.8}$	< 0.001
lag 1	$\textbf{7.4} \pm \textbf{5.4}$	$\textbf{6.2} \pm \textbf{3.4}$	< 0.001
lag 2	$\textbf{7.4} \pm \textbf{5.6}$	$\textbf{6.3} \pm \textbf{3.6}$	< 0.001
lag 3	$\textbf{7.5} \pm \textbf{3.8}$	$\textbf{6.4} \pm \textbf{3.8}$	< 0.001
lag 0–3	$\textbf{7.4} \pm \textbf{5.0}$	$\textbf{6.3} \pm \textbf{3.2}$	< 0.001
O <sub>3</sub> , ppb			
lag 0	$\textbf{28.4} \pm \textbf{12.8}$	$\textbf{27.4} \pm \textbf{12.3}$	0.035
lag 1	$\textbf{28.5} \pm \textbf{13.0}$	$\textbf{27.5} \pm \textbf{12.7}$	0.043
lag 2	$\textbf{28.6} \pm \textbf{13.0}$	$\textbf{27.3} \pm \textbf{12.4}$	0.008
lag 3	$\textbf{28.7} \pm \textbf{12.9}$	$\textbf{28.0} \pm \textbf{13.0}$	0.78
lag 0–3	$\textbf{28.6} \pm \textbf{10.7}$	$\textbf{27.5} \pm \textbf{10.4}$	0.013

ED, emergency department; PIRO score, predisposition, insult, response, and organ dysfunction score; PM, particulate matter; NO<sub>2</sub>, nitrogen dioxide; SO<sub>2</sub>, sulfur dioxide; O<sub>3</sub>, ozone. Categorical variables were analyzed using the  $\chi^2$  test. Continuous variables, including air pollutants, were analyzed using the Mann–Whitney U test.

1.121-1.633), and O<sub>3</sub> (OR: 1.580, 95% CI: 1.291-1.942). SO<sub>2</sub> was independently associated with pediatric pneumonia hospitalization after adjusting for PM<sub>2.5</sub> (OR: 1.209, 95% CI: 1.123-1.310), PM<sub>10</sub> (OR: 1.208, 95% CI: 1.120-1.310), NO<sub>2</sub> (OR: 1.239, 95% CI: 1.136-1.363), and O<sub>3</sub> (OR: 1.261, 95% CI: 1.169-1.366).

Linear regression analysis was used to examine the association between air pollutants and hospital LOS. The mean concentration of each pollutant was selected as the cut-off point.

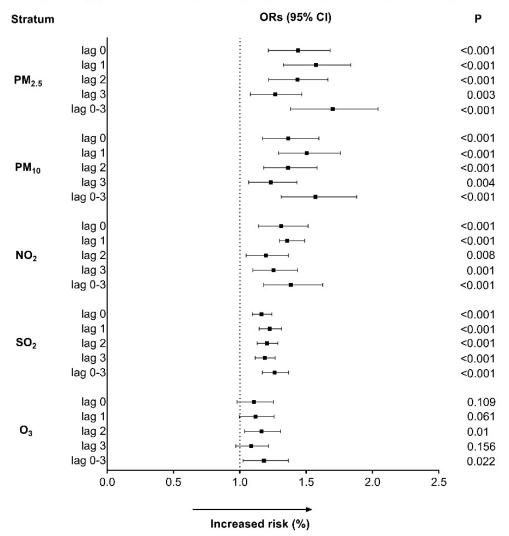


Table 2. Summary statistics for meteorology and air pollution in Kaohsiung, 2008–2013.

	Minimum		Percentil	es	— Maximum	Mean
	IVIIIIIIIIIIII	25%	50%	75%	IVIAXIIIIUIII	Medii
PM <sub>2.5</sub> (μg m <sup>-3</sup> )	10.8	24.8	42.3	56.3	126.7	$43.0 \pm 20.2$
$PM_{10} (\mu g m^{-3})$	14.7	44.2	71.9	97.2	582.0	$\textbf{74.1} \pm \textbf{35.1}$
NO <sub>2</sub> (ppb)	3.9	13.5	18.7	24.6	45.2	$\textbf{19.3} \pm \textbf{7.1}$
SO <sub>2</sub> (ppb)	2.0	5.1	6.4	8.0	17.2	$\textbf{6.7} \pm \textbf{2.1}$
O <sub>3</sub> (ppb)	3.5	18.9	27.9	37.4	74.6	$\textbf{29.0} \pm \textbf{12.4}$
Temperature (°C)	12.4	22.3	26.4	28.7	32.1	$\textbf{25.3} \pm \textbf{4.2}$
Humidity (%)	44.0	70.0	74.2	78.1	95.3	$\textbf{74.1} \pm \textbf{7.2}$

SD: standard deviation; PM: particulate matter; NO<sub>2</sub>: nitrogen dioxide; SO<sub>2</sub>: sulfur dioxide; O<sub>3</sub>: ozone.

Multivariable odds ratios (with 95% CIs) for admission for per IQR increase in air pollutants after adjusted age, renal insufficiency, cerebral palsy, PIRO≥3 ,temperature, and humidity

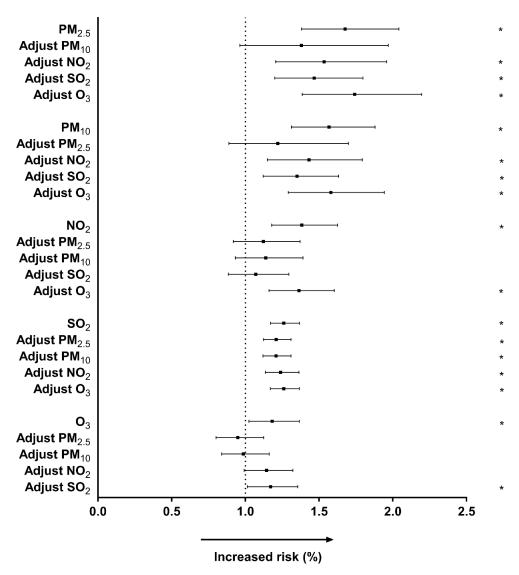


**Fig. 1.** Multivariate ORs (95% CIs) for admission per IQR increase in PM<sub>2.5</sub>, PM<sub>10</sub>, NO<sub>2</sub>, SO<sub>2</sub>, and O<sub>3</sub> after adjusting for age, renal insufficiency, cerebral palsy, PIRO  $\geq$  3, temperature, and humidity.

As shown in Table 3, an average level of PM<sub>2.5</sub> (lag 0–3) > 45  $\mu$ g m<sup>-3</sup> was associated with prolonged hospital LOS (OR: 0.217, CI: 0.03–0.404, P = 0.023). For younger children ( $\leq$  5 years), the influence of PM<sub>2.5</sub> on hospital LOS was more obvious (OR: 0.250, CI: 0.038–0.463, P = 0.021). The impact of PM<sub>10</sub>, SO<sub>2</sub> on pediatric pneumonia hospital LOS was not statistically significant. The risk of



## Two-pollutant models (lag days 0-3)



**Fig. 2.** OR for pediatric pneumonia admission, after adjusting for age, renal insufficiency, cerebral palsy, PIRO  $\geq$  3, temperature, and humidity, for each interquartile range change in the two-pollutant models.

pediatric pneumonia hospitalization increased when the average concentration on lag 0–3 of  $PM_{2.5} > 45 \ \mu g \ m^{-3}$  (OR: 1.456, CI: 1.202–1.766, P < 0.001),  $PM_{10} > 80 \ \mu g \ m^{-3}$  (OR: 1.431, CI: 1.181–1.737, P = 0.002), and  $SO_2 > 7.4 \ ppb$  (OR: 0.250, CI: 0.038–0.463, P = 0.021). The impact of  $PM_{2.5}$ ,  $PM_{10}$ , and  $SO_2$  on hospitalization was more obvious in younger children ( $\leq 5$  years), and the effects of  $PM_{2.5}$ ,  $PM_{10}$ , and  $SO_2$  did not achieve statistical significance in older children (> 5 years).

In this study, we estimated the effect of air pollutants on the risk of pediatric pneumonia ED visits and hospitalization and found that  $PM_{2.5}$ ,  $PM_{10}$ , and  $SO_2$  might be associated with a higher risk for hospital admission, especially for younger children. Furthermore, a higher concentration of  $PM_{2.5}$  was associated with prolonged hospital LOS for pediatric pneumonia.

Although several epidemiologic studies have shown that air pollution is associated with the risk of ED visits and hospitalization related to pediatric pneumonia, limited evidence has focused on air pollution and the short-term outcome of respiratory tract infection (Nhung *et al.*, 2017). Toxicologic studies have demonstrated that PM<sub>2.5</sub> exposure induces inflammatory cell accumulation



<b>Table 3.</b> Multivariable odds ratios (with 95% Cls) for hospit	ariable od	ds ratios (\	with 95%	CIs) for hos	pital LOS (days) a	fter adjus	ting for ag	ge, renal i	nsufficienc	:al LOS (days) after adjusting for age, renal insufficiency, cerebral palsy, PIRO $\geq$ 3, temperature, and humidity.	PIRO≥3,	temperat	ure, and h	umidity.
Multivariable o	dds ratios	(with 95%	Cls) per l	QR increase	e in air pollutants	after adju	ısting for a	age, renal	insufficien	Multivariable odds ratios (with 95% CIs) per IQR increase in air pollutants after adjusting for age, renal insufficiency, cerebral palsy, PIRO $\geq$ 3, temperature, and humidity	PIRO > 3	, tempera	ture, and	numidity
	Odds fo	Odds for hospital LOS	ros			VI	≤ 5 years				> 5	5 years		
	ac	95% CI f	95% CI for EXP (B)	(		٥	95% CI fo	95% CI for EXP (B)	- 0		ac	95% CI fo	95% CI for EXP (B)	
	5	Lower	Upper	٠		5	Lower	Upper	٠,		ב ס	Lower	Upper	
PM <sub>2.5</sub> lag 0–3 $> 45 \mu g m^{-3}$	0.217	0.03	0.404	0.023	PM <sub>2.5</sub> lag 0–3 > 45 μg m <sup>-3</sup>	0.25	0.038	0.463	0.021	PM <sub>2.5</sub> lag 0–3 > 45 µg m <sup>-3</sup>	0.190	-0.179	0.56	0.312
$^{2}$ PM $_{10}$ lag 0–3 $^{2}$ $^{2}$ 80 $^{2}$ m $^{-3}$	0.021	-0.165	0.207	0.824	PM $_{10}$ lag 0–3 $> 80~\mu{\rm g~m^{-3}}$	0.037	-0.173	0.247	0.730	$^{2}$ PM $_{10}$ lag 0–3 $^{2}$ $^{2}$ 80 $^{2}$ m $^{-3}$	0.007	-0.364	0.38	0.969
$SO_2$ lag 0–3 > 7.4 ppb	0.146	0.146 -0.016 0.309 0.078	0.309	0.078	SO <sub>2</sub> lag 0–3 > 7.4 ppb	0.123	-0.064	0.31	0.196	SO <sub>2</sub> lag 0–3 > 7.4 ppb	0.097	-0.218	0.413	0.545
Multivariable o	dds ratios	(with 95%	Cls) per l	QR increase	e in air pollutants	after adju	ısting for a	age, renal	insufficien	Multivariable odds ratios (with 95% Cls) per IQR increase in air pollutants after adjusting for age, renal insufficiency, cerebral palsy, PIRO 🔁 3, temperature, and humidity	PIRO > 3	, tempera	ture, and	numidity
	Odds f	Odds for admission	on			VI	≤ 5 years				\ \	5 years		
	90	95% CI f	95% CI for EXP (B)	(		٥	95% CI fo	95% CI for EXP (B)	0		90	95% CI fo	95% CI for EXP (B)	0
	5	Lower	Upper	L		5	Lower	Upper	L		5	Lower	Upper	L
PM <sub>2.5</sub> lag 0–3 $> 45 \mu g m^{-3}$	1.456	1.456 1.202	1.766	< 0.001	$PM_{2.5}  lag  0-3$ $> 45  \mu g  m^{-3}$	1.539	1.209	1.961	< 0.001	PM <sub>2.5</sub> lag 0–3 $> 45 \mu g m^{-3}$	1.305	0.947	1.802	0.104
$PM_{10} lag 0-3 > 80 \ \mu g \ m^{-3}$	1.431	1.181	1.737	0.002	PM <sub>10</sub> lag 0–3 $> 80~\mu g~m^{-3}$	1.655	1.302	2.109	< 0.001	$^{ m PM_{10}}$ lag 0–3 $^{ m > 80}$ µg m $^{ m -3}$	1.089	0.785	1.509	0.609
$SO_2$ lag 0–3 > 7.4 ppb	1.500	1.500 1.259	1.791	< 0.001	$SO_2$ lag 0–3 > 7.4 ppb	1.624	1.297	2.042	< 0.001	$SO_2$ lag 0–3 > 7.4 ppb	1.317	0.992	1.755	0.057



in the alveolar space of rats along with inflammatory cytokine up-regulation in human bronchial epithelial cells (Zou et al., 2020). However, PM<sub>10</sub> and PM<sub>2.5</sub> exposure suppress human T-cell mediated anti- Mycobacterium tuberculosis (MTB) immune response, and thus, might exacerbate MTB infection (Ibironke et al., 2019). Furthermore, PM<sub>2.5</sub> exposure also compromises immune response by suppressing interleukin-1 $\beta$  and interferon- $\beta$  production during influenza infection thus enhancing the severity of pneumonia (Tao et al., 2020). Similarly, PM<sub>2.5</sub> exposure suppresses proinflammatory cytokine secretion induced by pneumococcus thus reducing the phagocytic activity of macrophages (Chen et al., 2020b). MTB, virus, and pneumococcus are known major causative agents of pediatric pneumonia. The inflammatory reaction modulated by air pollution might affect the severity of pneumonia. The present study provided clinical evidence supporting the hypothesis that short-term air pollution exposure might affect the outcome of pediatric pneumonia.

Many recent studies have revealed the hazard effects of air pollutants, especially respiratory and cardiovascular diseases, and different air pollutants may have different health effects. For example, PM<sub>2.5</sub> was found to be associated with pediatric asthma ED visits (Ho et al., 2021), chronic obstructive pulmonary disease (COPD) hospitalization (Liang et al., 2019), admission for myocardial infarction (MI) (Weichenthal et al., 2017), and mortality due to stroke (Shah et al., 2015). In addition, PM<sub>10</sub> has been found to be associated with the risk of asthma ED visits (Zheng et al., 2015), intracerebral hemorrhage (Han et al., 2016), and acute MI hospitalization (Collart et al., 2017). SO<sub>2</sub> exposure has also been found to be related to COPD exacerbation (DeVries et al., 2016) and admission for acute stroke (Shah et al., 2015). However, there are disparities among the different studies. For example, Collart et al. (2017) revealed a positive association between  $PM_{10}$ ,  $PM_{2.5}$ , and  $NO_2$  on acute MI hospitalization, but the influence of  $PM_{10}$  did not achieve statistical significance in another study (Ghaffari et al., 2017). For pediatric pneumonia, Lv et al. (2017) demonstrated a positive association between PM<sub>2.5</sub> and PM<sub>10</sub> and pediatric pneumonia hospitalization, even after adjusting for SO2. Cheng et al. (2019a) collected data from 4,024 pediatric patients with pneumonia and found that PM2.5 and NO2 were significantly associated with pneumonia ED visits, even after adjusting for PM<sub>10</sub> and SO<sub>2</sub>. However, Darrow et al. (2014) did not observe a statistically significant association between PM<sub>2.5</sub> mass and pediatric pneumonia ED visits. Strickland et al. (2016) only observed a significant association between PM<sub>2.5</sub>, pediatric asthma ED visits, and pediatric pneumonia. One possible reason for this disparity is the different PM<sub>2.5</sub>. The constituents of PM<sub>2.5</sub> from different emission sources were different. For example, PM<sub>2.5</sub> produced by the combustion of biomass, motorcycles, and plants is composed of elemental carbon and organic carbon. PM<sub>2.5</sub> is produced by residual oil combustion, smelters, and oil-fired power plants contain more sulfur and sulfate (Chow, 1995). Therefore, different constituents of PM<sub>2.5</sub> may induce different health hazards. Although Darrow et al. (2014) did not observe a significant influence of PM<sub>2.5</sub> mass on pediatric pneumonia ED visits, the organic carbon fraction of PM<sub>2.5</sub> was statistically related to pediatric pneumonia. Another study also found that different PM<sub>2.5</sub> components might have different hazards in pediatric pneumonia, and the elemental carbon fraction of PM<sub>2.5</sub> seemed to play a more important role (Tsai et al., 2021). Recently, several toxicological studies have attempted to clarify the health effects of different PM components. Pardo et al. (2018) designed an animal experiment and found that organic extracts of PM<sub>2.5</sub> induced oxidative stress in the mice liver and lungs, especially PM<sub>2.5</sub>, collected during the heating season. This result suggests that polycyclic aromatic hydrocarbons of PM<sub>2.5</sub> might play an important role in the lung's oxidative stress. Another study also found that the water extract of PM<sub>2.5</sub> induced signals of proliferation upregulation, but insoluble particles of PM<sub>2.5</sub> induced inflammatory cytokines in the mouse liver (Yuan et al., 2021). In other words, different PM<sub>2.5</sub> and PM<sub>2.5</sub> constituents from different areas and seasons might induce different health effects. Second, the health effects of PM2.5 seemed to vary for different groups of patients. Kang et al. (2016) revealed that patients of advanced age were more susceptible to PM<sub>2.5</sub> on out-of-hospital cardiac arrest (OHCA). NO<sub>2</sub> was also found to be associated with the risk of OHCA, especially for those with cardiovascular risk factors (Cheng et al., 2020). A previous study showed that younger children were at the highest risk of pneumonia hospitalization due to airborne PM (Lv et al., 2017). As a result, different studies included different groups of patients, which might also have led to different study results.

Toxicological studies also showed different hazards in different groups of study participants.



Hassanvand *et al.* (2017) compared inflammatory biomarkers after PM exposure among healthy young and older adults and found a significant elevation of highly sensitive C-reactive protein in older adults but not in young adult. Third, patient-level characteristics and weather conditions may also influence PM hazards. For example, cigarette smoking were more susceptible to PM<sub>2.5</sub> to develop COPD (Su *et al.*, 2021), while low temperature combined with higher PM<sub>2.5</sub> concentration was associated with a higher risk of morning hypertension (Imaizumi *et al.*, 2015). Nhung *et al.* (2017) enrolled 17 studies and performed a meta-analysis, and they concluded that PM<sub>2.5</sub> and PM<sub>10</sub> exposure were statistically significantly associated with the risk of pediatric pneumonia ED visits. The present study also supported the hypothesis that PM<sub>2.5</sub> and PM<sub>10</sub> exposure were associated with the risk of pediatric pneumonia hospitalization.

SO<sub>2</sub> exposure is known to induce airway irritation, mucus secretion, and bronchospasm. When SO<sub>2</sub> penetrates the lower respiratory tract, it might convert into bisulfite and interact with sensory receptors, causing bronchoconstriction (Chen et al., 2007). However, the association between SO<sub>2</sub> exposure and the risk of respiratory disease during ED visits remains controversial. Liang et al. (2019) collected data on 161,613 COPD hospitalizations during 2013–2017 and found that the SO<sub>2</sub> concentration was associated with the risk of COPD hospitalization. Other epidemiological studies also support the positive association between SO2 exposure and COPD exacerbation (DeVries et al., 2016; Gao et al., 2019; Santus et al., 2012). However, Orellano et al. (2017) collected 22 studies on air pollution on asthma exacerbation, but the hazard effect of SO2 did not achieve statistical significance after meta-analysis. For pediatric pneumonia, Xiao et al. (2016) collected seven years of data from Georgia hospitals in the United States, including 90,063 pneumonia and 148,256 asthma/wheeze ED visits. They demonstrated that SO<sub>2</sub> concentration was positively related to asthma/wheeze ED visits, but SO<sub>2</sub> was not significantly related to pneumonia ED visits (Xiao et al., 2016). However, a review article analyzed 22 studies and found that SO<sub>2</sub> exposure was positively related to pediatric pneumonia ED visits (Nhung et al., 2017). The present study also supports the results that SO<sub>2</sub> exposure on lag 0-3 might increase the risk of pediatric pneumonia hospitalization. Toxicological studies have also supported the hazardous effects of SO<sub>2</sub> on airways. Animal studies have revealed that SO<sub>2</sub> exposure increases airway epithelial permeability, glutathione-S-transferase response, and pulmonary inflammatory reactions (Joelsson et al., 2020; Yun et al., 2011). Pneumonia is a condition characterized by lung inflammation, and SO<sub>2</sub> exposure may strengthen the inflammatory response.

This study has several limitations. First, this was a retrospective observational study that included only one hospital in a single city, and the results may not be generalizable to other locations. Second, this study was conducted in a tropical industrial city, and the results in other cities with different meteorological conditions may be different. Furthermore, factors such as air conditioning usage and time spent outdoors that might affect personal exposure were not included in the present study. These factors may influence the magnitude of the observed associations compared with those at other geographical locations.

### **4 CONCLUSIONS**

In conclusion, we found that  $PM_{2.5}$ ,  $PM_{10}$ , and  $SO_2$  exposures were associated with a higher risk of admission for pediatric pneumonia. These effects may be greater in younger children. Furthermore, a higher concentration of  $PM_{2.5}$  was associated with prolonged hospital LOS for pediatric pneumonia.

## ADDITIONAL INFORMATION AND DECLARATIONS

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#### **Institutional Review Board Statement**

This study was approved by the institutional review board of Kaohsiung Chang Gung Memorial Hospital (201801301B0) and conducted in accordance with the ethical guidelines of the 1964



Declaration of Helsinki and its amendments and comparable ethical standards. Informed consent was not required for this study.

## **Data Availability Statement**

The datasets used and analyzed during the current study are available from the corresponding author upon reasonable request.

## **Conflicts of Interest**

The authors declare that they have no conflicts of interests

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